### **Adversity**

### Adverse Childhood Experiences: Connecting the Developmental Lens to the Health of Our Society, Robert Anda, MD

### <https://www.albertafamilywellness.org/resources/video/adverse-childhood-experiences-connecting-the-developmental-lens-to-the-health-of-our-society>

### Adverse Childhood Experiences (ACEs) and the Origins of Addiction, Vincent Felitti, MD

### <https://www.albertafamilywellness.org/resources/video/adverse-childhood-experiences-and-the-origins-of-addiction>

**Brain development + early years**

### Brain Architecture in Action, Judy Cameron

### <https://www.albertafamilywellness.org/resources/video/brain-architecture-in-action>

### The Core Story of Brain Development, Judy Cameron

<https://www.albertafamilywellness.org/resources/video/the-core-story-of-brain-development>

**Trauma**

### Growing Up in a Stressful Environment: What it Does, & What you can Do About it, Sonia Lupien, PhD

<https://www.albertafamilywellness.org/resources/video/resourcesvideogrowing-stressful-environment-what-it-does-and-what-you-can-do-about-it>

### The Effect of Toxic Stress on Children's Brain & Behavior, Judy Cameron

### <https://www.albertafamilywellness.org/resources/video/the-effect-of-toxic-stress-on-childrens-brain-and-behavior>

* The Good, the Bad & the Damaging: Chronic Stress & Allostatic Load, Matthew Hill, PhD

<https://www.albertafamilywellness.org/resources/video/the-good-the-bad-and-the-damaging-chronic-stress-and-allostatic-load>

**Trauma-informed Practice**

***Cultural humility/ responsiveness***

### Gender Matters: Creating Trauma-Informed Services for Women, Stephanie Covington

<https://www.albertafamilywellness.org/resources/video/gender-matters-creating-tramua-informed-services-for-women>